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Tuesday, April 20, 2010

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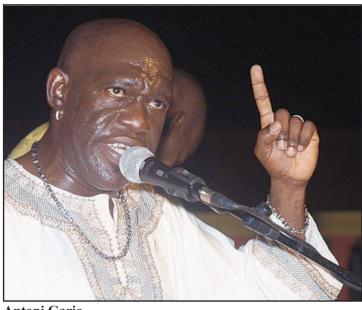
Crossing the Seas Literary Festival at the National Library-"A Sense of Belonging"



Belinda de Veer



Celcio Luciano Milliard and Caresse Isings



Antoni Gario

Sunday evening Aruba welcomed internationally recognized literary figures for the fourth edition of Crossing the Seas, a cultural festival dedicated to the literary arts that goes beyond boundaries and proves that prose and poetry is beautiful in all languages.

The festival is traveling through the territories of the Dutch Kingdom, where each host also includes three members of their literary community in the scheduled recitals. Traveling from Holland to Aruba to share their work was Bas Heijne, and Yasmine Allas (born in Somalia), with Bernice Chauly of Malaysia and Iman Humaydan, of Lebanon, who has attracted international attention with her book, "B is for Beirut."

Joining them at the podium in the garden of the Arubiana Department of Aruba's National Library was local musical luminary Antoni Gario with poets Celcio Luciano Milliard, Caresse Isings and Belinda de Veer. All are well recognized on their island for creative work, both literary and visual, which Belinda de Veer combined to generate greater impact for her poetry.

This year's theme was "A Sense of Belonging," which greatly influenced, in particu-



Benice Chauly

lar, the work of the visiting artists such as Yasmine, who as an immigrant to Holland addressed the difficulty of the Muslim community, (particularly the young men) in adjusting to the life there. It is natural that artists who have lived through traumatic times, like Iman Humaydan, would weave the remembrances through their work, such as the civil strife in Beirut, and the human drama it generates.

Bernice Chauly recalled the emotions a young girl of four feels at her father's death; struggling to understand her loss, while the diverse cultures of her parents, a Chinese



Yasmine Allas

One of the most

his two musical pieces for the

"Cruza Lama" recital, titled "Harmony" and "Internet" epitomized this musical and literary form.

Literary works were presented in Dutch, English, Papiamento, and Arabic, with translations in English and Papiamento projected on a screen. Crossing the Seas is a multilingual, multicultural program that bridges physical boundaries, promoting greater communication and understanding between physically and spiritually diverse groups, and, hopefully, a path to peace.



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Toyota to pay record \$16.4M fine

WASHINGTON (AP) – Toyota hurriedly ordered recalls of nearly 10,000 Lexus SUVs for possible rollover dangers yesterday and agreed to a record \$16.4 million fine for a slow response in its broader earlier recall, scrambling to fix safety worries that threaten the Japanese auto giant's reputation.

The fine, the maximum

under law, could hurt Toyota Motor Corp.'s image more than its financial bottom line: The penalty is the equivalent of a little more than \$2 for every vehicle the company sold around the globe in 2009. And analysts said it would have little impact on dozens of private lawsuits, which have been combined before a fed-

eral judge in Santa Ana, Calif.

"In the court of public opinion, paying the fine speaks volumes. But at the end of the day, the fines are simply background noise in terms of the civil litigation," said Richard Arsenault, a plaintiff's attorney in Alexandria, La. "What's really important are the facts that were the catalyst for the fines."

Official: Kyrgyz president leaves Kazakhstan

BISHKEK, Kyrgyzstan(AP) – The deposed president of Kyrgyzstan left Kazakhstan yesterday, ending four days of refuge in the country after he was driven from power in a violent uprising, a Kazakh official said.

Kazakh Foreign Ministry spokesman Ilyas Omarov told The Associated Press he didn't know where Bakiyev was headed.

"He's left Kazakhstan — there are no details on his planned destination," Omarov said by telephone from the Kazakh capital, Astana.

Bakiyev's departure from Kyrgyzstan was seen as reducing the possibility that a civil war could break out between his supporters and backers of the opposition figures who declared themselves the interim government. But tensions in the impoverished country remain high.

On the outskirts of Bishkek, the capital, hundreds of young men armed with sticks and metal bars rampaged through a village yesterday, beating residents and burning several houses, and the Health Ministry said at least two people were killed and 11 injured. The Interior Ministry said dozens of arrests were made before the situation was brought under control

It was unclear what set off the rampage, but witnesses said the men were seeking to seize arable land. The village, Mayevka, is populated largely by Meskhetian Turks, descendants of an ethnic group deported from Soviet Georgia in 1944.

Also yesterday, unidentified attackers tried to seize the main police station in the southern city of Jalal-Abad and were driven off by police fire, the Interior Ministry said.

The authoritarian leader of Belarus, Alexander Lukashen-ko, said Sunday that Bakiyev would be welcome in his country, which could exacerbate Belarus' tensions with the West as well as its difficult relations with neighboring Russia.

Another possible destination is the United Arab Emirates, where Bakiyev is thought to own property.

Bakiyev left Kyrgyzstan for Kazakhstan on Thursday after he was driven from power in a bloody revolt.

Some observers have suggested Russia played a role in Bakiyev's downfall, angry that he backed off his promise last year to evict the United States from its air base in Kyrgyzstan; Russia also has a base in the former Soviet Central Asian nation.

At least 83 people died when an April 7 protest rally in the Kyrgyz capital exploded into gunfire and protesters stormed government buildings.

Europe resumes some air travel despite volcano

BRUSSELS, Belgium (AP) – After five days in which nature brought the jet age to a halt, European officials agreed yesterday to let air traffic resume on a limited basis, giving hope to millions of travelers around the world stranded by ash from a volcano in Iceland.

Three KLM passenger planes left Schiphol airport in Amsterdam yesterday evening during daylight under visual flight rules bound for New York, Dubai and Shanghai.

European Union transport ministers reached a deal during a crisis videoconference to divide northern European skies into three areas: a "no-fly" zone immediately over the ash cloud; a caution zone "with some contamination" where planes can fly subject to engine checks for damage; and an open-skies zone.

Starting this morning, "we should see progressively more planes start to fly," said EU Transport Commissioner Siim Kallas.

Eurocontrol, the air traffic agency in Brussels, said less than one-third of flights in Europe took off yesterday — between 8,000 and 9,000 of the continent's 28,000 scheduled flights. Airports in southern Europe were open, however, and Spain offered to become an emergency hub for the whole continent.

In Iceland, meteorologists said eruptions from the volcano were weakening and the ash was no longer rising to a height where it would endanger large commercial aircraft.

Ash and grit from volcanic eruptions can sabotage a plane in many ways: the abrasive ash can sandblast a jet's windshield, block fuel nozzles, contaminate the oil system and electronics and plug the tubes that sense airspeed. But the most immediate danger is to the engines. Melted ash can then congeal on the blades and block the normal flow of air, causing engines to shut down.

US: Deaths of 2 al-Qaida in Iraq leaders big blow

BAGHDAD, Iraw (AP) – U.S. and Iraqi forces killed the two top al-Qaida figures in the country in a nighttime rocket attack on a safe house near Saddam Hussein's hometown of Tikrit, both countries said yesterday, hailing the attack as a significant blow to the insurgency

Al-Qaida in Iraq has remained a potent force, seeking recently to sow chaos after the March 7 elections and ahead of a planned U.S. troop with-

drawal. The terror group has shown a remarkable ability to change tactics and adapt despite repeated blows to its leadership.

Iraqi Prime Minister Nouri al-Maliki announced the killings of Abu Omar al-Baghdadi and Abu Ayyub al-Masri at a news conference in Baghdad and showed reporters photographs of their bloody corpses. The deaths were later confirmed by U.S. military officials.

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Believe those who are seeking the truth. Doubt those who find it.

Andre Gide

Bon Bini festival is tonight!

The weekly BonBini festival takes place tonight at the Fort Zoutman in Wilhelminstraat. The festival is for tourists and locals to mix and mingle and enjoy a taste of Aruban culture. This Caha d'Orgal. "Nos Ambiente," musical group; "Ola Tropical," Dance groups: "Aruba Dance Formation" and "Kid in Action," solo singer: "Vale Croes," and steelband: "Traditional Steelband. MC Juby Naar.

During the festival there will be local food, sweets and handicraft on sale. Arubus has regularly scheduled bus transport from all hotel areas to Oranjestad's central terminal, which is only a short walk from Fort Zoutman. Round trip bus fare is \$2.30. Come, meet the islands, absorb some local color and culture, and get a taste of our Dushi Aruba.

The festival is from 6:30 to 8:30 p.m. Entrance is 5 Arubian florin or \$3.

Costa Riba Bar and Restaurant Come and try our Special Local dishes Also: Tender Ribs, Seafood Platters, Hamburgers, Sate, Sandwiches & Salads We ofer a wide variety of coffees and desserts Open from: 11 a.m. - 10 p.m. Closed on Wednesday On the way to BABY BEACH San Nicolas Call: 584-4088 to Reserve your table

"One Happy Island" is the official slogan for promoting Aruba

Positive results already shown in new the tourism management

ORANJESTAD -- After months of hard work, during the general session of ATCA last Wednesday, April 14, Minister of Tourism, Transport and Labor Otmar Oduber unofficially presented the slogan "One Happy Island" which will be used abroad for marketing. He also presented the strategies that will be used for marketing Aruba in 2010. He also expressed his satisfaction with the results for March, showing a growth of 6.6%

According to the tourism headlines, ATCA 2010 presentations focused on the new image Aruba will present abroad, an image tourism entities believe will be more effective and justifies the money invested to attract visitors to our island. During the general session there was great deal of emphasis on the tourism marketing fund, which will be used to improve Aruba as tourist destination and to create a more professional Aruba Tourism Authority (ATA) which will become independent entity and privatized as of January 1, 2011.

"Our presence in the U.S. must be stronger and we must improve,"Minister Oduber told the delegates. "However, we must also remember "you must not put "all your eggs in one basket."

At the same time the minister elaborated on the positive result in the first quarter of 2010. January recorded positive growth of 3%, February, 0.7% and in March 14.4%. The growth in March is related to Easter Holiday season where



there was a marked increase of visitors, especially from Latin America. This means that the challenge for April is greater, but Minister Oduber is convinced that there will be positive results. "Look at the emphasis put on the Brazilian market, where, in January, there was growth from 598 in 2009 to 2,244 visitors in 2010, in February from 805 to 1,819 visitors and in March, from 425 to 1,029 visitors. Overall, there was an increase of almost 180% that proceeded from a very promising market.

Minister Oduber feels, judging by the reaction of other partners present during the ATCA meetings, Aruba is going in a positive direction. Travel results show Aruba earned a place on the list of top three most requested countries growing as tourist destinations.

"A modern tourism, the tourism of the future, is what will differentiate us from our competitors; with the slogan "Un Aruba dushi pa biba ta un Aruba dushi pa bishita"- "An Aruba that is nice to live on is an Aruba that is nice to visit." In this regard, the government is also attempting to improve the lives of the inhabitants.

MartinAir re-affirms its trust in Aruba



Last Friday, April 17, Minister of Tourism, Transport and Labor, Otmar Oduber enjoyed a visit with President and CEO of MartinAir, Paul Gregorowitsch and General Manager of MartinAir and KLM for the Caribbean, Simone Wikenhagen. Together with Aruba Aruba Airport Authority Director, Peter Steinmetz, they gave a press conference stating MartinAir's position on Aruba and what to expect in the near future. Minister Oduber elaborated on the plans the government of to promote the island in Europe as a tourist destina-

At present MartinAir is the airline that brings most passengers from the Netherlands and will play an important role in future tourism development in Europe.

The increase of MartinAir flights to Aruba surely shows the trust and enthusiasm in our island as a prime tourist destination.

Headlines in the tourism industry indicate that the Council of Ministers reinstituted the 'Airlift Committee' which includes the Department of Civil Aviation, the Aruba Tourism Authority (ATA), the Ministry of Tourism of Aruba, Aruba Airport Authority (AAA) and Aruba Hotel and Tourism Association (AHATA). This is to maintain trust and strategic relations with partners, such as MartinAir, but also to introduce more airlines and tourist markets, which will benefit Aruba.

At the conferences completion, the Minister thanked Mr. Danilo de Freitas, who for many years has been doing a tremendous job with KLM, and now has a dual job working with KLM and MartinAir.

Paul Gregorowitsch, for his part, said that the Aruban market is very important for MartinAir and for the mother company KLM. In the last years there were 330 flights between Amsterdam and Aruba, some of them combined with Curacao or the Dominican Republic. The load factor is of 85%, which confirms the successful policy of the tourism organization to attract more vacationers to Aruba.

"The outlook," stated Mr.

Gregorowitsch, "is that judging by the effort of the Tourism Ministry it looks like there will be an increase in the load factor for April 2010. May and September is expected to be slow, but June, July and August will be moderate. This is thanks to the successful efforts to increase and contribute to the economic development of this beautiful island."

Mr. Simone Wikenhagen indicated that the presence of president and CEO of MartinAir on Aruba is a strong sign that the island is an important destination for MartinAir as well as KLM. At the moment there will be no changes in the flight schedules, but KLM confirmed they are following the activities on the island very closely, and, if there is enough potential, there will be three KLM flights a week. He finished by stating that the cooperation with the Aruba government, as well as with tourist organizations, is one of the most active he ever experienced, which shows that Aruba, MartinAir and KLM are constantly working to strengthen their relationship.



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The Tiny Island with the Big Heart

By Roland W. Peterson
Dedicated to the Red Cross of Aruba



"De Pelikaan" majestically
plows through the rough
Caribbean Sea
The ocean spray keeps a smile
on the faces of the worried dapper
sea men

There is a little light
Haiti is in sight
The young man
with his make shift hearse
pulling the coffin
hangs his head in despair

On the ground sits an exhausted Red Cross volunteer nurse on an empty bucket The doctor on a brick So they attend the sick

It is the second time around for the Red Cross volunteers of this little island in the sun helping the sick on the ground

Even in the rain the rows of the wounded are long But here is where the help belongs

On this stricken Caribbean island there is no music in the air Just sighs and fears

But the people in Aruba care This tiny island with the Big Heart

Have you had your breakfast today?

The Old Fisherman offers breakfast with an Aruban twist



Linda and Ramon Pimienta with their son Raymond, at right

When Linda and Ramon Pimienta started their small business at the old wharf down town, little did they know that they had a goldmine when it comes to the perfect blend of international and local cuisine. Nowadays, they are located right behind the Royal Plaza Mall where they serve up a storm to visitors and locals alike. What is their secret? Offering high quality dishes at super prizes that fit anyone's budget.

For ten years The Old

For ten years The Old Fisherman has been serving local cuisine with an international twist for lunch and dinner and they have managed to stay on top by using high quality fresh ingredients. From their fish cakes with "funchi" (polenta) and "pan bati" nicely presented to soup of the day accompanied by delicious deserts.

Now they are serving you breakfast with an Aruban twist at bargain prizes.

twist at bargain prizes.

Monica and Amarilis who have been with the company for ten years are ready to serve you with a smile.

Besides serving traditional breakfast dishes such as eggs sunny side up with ham and cheese, scrambled or plain they also serve pastechi horna (a small pie pocket with different fillings), crêpes, sweet crêpes and bagels with cream cheese, smoked salmon or boiled eggs.

If you want to really experience the Aruban twist you might want to try something from the local breakfast menu served on pan grandi (rama) or a baguette. You can try the delicious kerrie-kerrie (a typical Aruban flaked fish), conch, fish egg, shrimp, fish fillet, fish cake and the chicken soup or you can have fruit salad and yoghurt.

A perfect restaurant for all in the family.

Whatever your taste might



R-l, Monica and Amarilis with their fellow colleagues





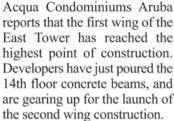
be you are assured that at the Old Fisherman there is a dish

on the menu for you at breakfast, lunch and dinner.

Acqua Condominiums Aruba reports accelerated construction pace







Mid-year, Acqua Condominiums Aruba will be pouring the foundation for the South Tower, and begin work on community amenities such as the lagoon-style pool and tropical garden, the club house, business center, spa, restaurant and grand lobby, followed by the debut of the North Tower and the completion of the entire ambitious project by 2012.

Built on 30.278 m2 of property land this exciting condominium project continues to attract buyers and investors, lured by the upscale elegance of the complex Mansions, Penthouses, Suites, Studios and Residences.

General Manager Jenner Florez and Managing Director





Oscar Helmeyer report that the development company is planning on doubling its workmen capacity within the next few weeks. Construction specialists recently laid off by the oil refinery will find new employment at Acqua Condominiums as plumbers, electricians and carpenters join the force in order to work on building the interiors.

"Work on the site has been in full swing since January 11th, when construction workers returned from their well-deserved Christmas vacation," explains Helmeyer. "And we are at the moment in negotiations with the department of labor to extend the number of work hours to 18 a day, maintaining two full-shifts of laborers, and resulting in accelerated construction pace."

Acqua Condominiums Aruba began construction one year ago, and has been met with great enthusiasm from the get go. A stylish and contemporary sales center on Palm Beach, on the construction site includes a number of model apartments with Kohler bathrooms and faucets, European style kitchens with granite tops, brand-name appliances, porcelain tiles, floor to ceiling UV-filtered hurricane proof windows and doors, all tastefully furnished and finished, and available for viewing.



Sherpa team plans to clean Everest's death zone

KATMANDU, Nepal (AP)_—A team of 20 Sherpa mountaineers plans to remove bodies of climbers who died in Mount Everest's "death zone," a treacherous stretch that has claimed some 300 lives since 1953, the team leader said yesterday.

The team also aims to remove tons of garbage left behind on the slopes under a Nepalese government program to clean up the popular tourist destination.

The 20 Sherpas plan to begin the expedition May 1 and set up camp at the South Col, 26,240 feet (8,000 meters) above sea level, team leader Namgyal said. Just

above the South Col is the "death zone" area known as the toughest stretch for climbers because of low oxygen levels and rough terrain.

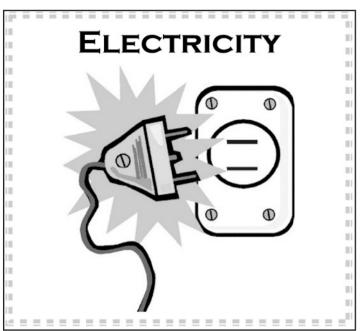
The team said it plans to remove at least five bodies from a narrow trail between South Col and the summit, but has not identified them. In the past bodies have generally been removed only from lower elevations, because dangerous conditions have made removing bodies from the "death zone" nearly impossible.

The team also plans to remove some 6,600 pounds (3,000 kilograms) of garbage from the zone.



Science/Tech.

New Intel Sensor Could Cut Electricity Bill



A new sensor and personal energy management panel made by Intel could help combat global warming by cutting electricity use by one-third.

In an address this week during Intel's Developer Forum in Beijing, China, Justin Rattner, chief technology officer, posed the question: What if we could make energy management personal? Just like computing was taken from the hands of big business and put into the pockets and purses of consumers. After all, computers and information technology (IT) equipment only account for two percent of the world's power consumption.

"If we were to hugely succeed and cut IT power in half, we'd only improve things by one percent," Rattner said. "On the other hand, there are 113 million households that represent 35 percent of total U.S. energy. Now that's a huge number."

Rattner says information can change behavior. He called it the "Wayne Gerdes Effect." Gerdes, considered the father of hypermiling (the art of getting super high gas mileage at rates above 100 miles per gallon) and one of the world's foremost experts in vehicle fuel efficiency said that if every vehicle on the road had an energy management screen, we would immediately save 20 percent of total fuel associated with vehicle operation.

"That literally could bring

"That literally could bring an end to global warming," Rattner said. He said the same principle can be applied to household energy use.

During its presentation, Intel unveiled a single sensor that plugs into a wall outlet. The sensor is not much bigger than a night light.

Once connected, the sensor will wirelessly connect to all electrical devices in the house and self configure to record the

Putin sees new gas developments by 2011

MOSCOW -- Development of the Shtokman gas field in the Russian waters of the Barents Sea is expected to start in 2011, the Russian prime minister said.

Russian energy giant Gazprom along with its partners at Norway's Statoil and French supermajor Total said in February that the market situation, "particularly in the LNG market," delayed a final investment decision for the field to the end of 2011.

Russian Prime Minister Vladimir Putin said during the weekend, however, that Shtokman development would start in 2011, Russia's state-run news agency RIA Novosti reports.

"In the spring of next year, an investment decision is due to be made and immediately after that, development work on the deposit will begin," he said.

The three companies entered into a joint venture for the Shtokman field in the Barents Sea in February 2008. The field holds an estimated 134 trillion cubic feet of gas, with deliveries of Russian gas slated for markets in the Atlantic basin including the Nord Stream natural gas pipeline to Germany.

voltages from each source in real time.

During the demonstration, the sensor detected the unique signal from three ordinary appliances: a toaster, a microwave and a refrigerator. The sensor sent the information to a PC, which displayed icons associated with the appliances and their energy consumption.

and their energy consumption.

Intel says its research has revealed that consumers want to know more than how much energy they're using and they want to know what they can do to reduce their energy consumption.

Intel engineer Mary Murphy-Hoye showed a touch screen "energy panel" that resembled Apple's iPad tablet. The device could be used to suggest ways homeowners could further reduce their energy use. For instance, it could display a dynamic clock showing optimal times to run different appliances.

"We're putting together a reference design right now," Murphy-Hoye said. Intel expects to have the sensor and the personal energy management panel available before the end of the year.

Intel estimates the average U.S. household could reduce energy consumption by 15 to 31 percent and save up to \$470 per year in electricity costs

using its system.

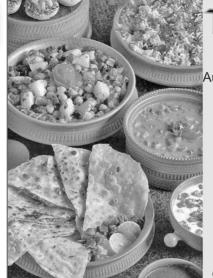
Murphy-Hoye tested a prototype of the system in her own

totype of the system in her own home, and used sensors to track and analyze her family's energy use

She reported the feedback had immediate effects on her family and led to the discovery of new ways to save energy. The first thing everyone did after seeing the energy graph on the family PC was to turn off the lights, she said.

The system also revealed that the water heater was automatically firing up even when she set the washing machine on cold, in order to heat the water to a less cold temperature before the washer filled. This revelation led Murphy-Hoye to find the "tap water" setting on her water heater, which proved to be more energy efficient.

Murphy-Hoye said her time with the system convinced her that it's important for people to not only understand their energy use, but also make it really simple for them to use that information to change their behavior



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Are 2 Tasks the Limit of Multitasking?



Multitasking may seem like the only way to get ahead in today's fast-paced, 24/7 society, but new research shows that we can really only handle two complicated tasks at a time. The findings appear online in the April 15 issue of the journal Science.

Sylvain Charron, PhD, and Etienne Koechlin, PhD, of Institut National de la Santé et de la Recherche Médicale in Paris, used functional magnetic resonance imaging to monitor changes in the brains of 31 volunteers who completed one complex task at a time, and then again when they completed two tasks simultaneously. The tasks involved letter sequencing.

When the volunteers completed one task, sections of the frontal cortex on both sides of the brain lit up. However, when they were asked to temporarily stop one task and start another, the activity in the regions on the left lobe corresponded to the first task and the activity on the right lobe corresponded to the second task. This suggests that

when we try to do two complex things at once, our brain divides, with each half devoting itself to one task. When researchers introduced a third task to their experiment, participants made even more errors

As a result of these findings, we are "limited to driving the pursuit of two concurrent goals simultaneously," the researchers write.

Don't Text and Drive

"This was a fairly demanding task," points out Mark Mapstone, PhD, an assistant professor of cognitive behavioral neurology at the University of Rochester School of Medicine and Dentistry in Rochester, N.Y.

"A lot of things that we do during the day don't demand that much," he says. For example, "walking and chewing gum is not cognitively demanding."

That said, the findings "suggest that there are limitations and we can't handle an infinite number of things at once," he says. "It is not a good idea to drive and talk on cell phone at the same time."

HEALTH

Supplements might reduce Breast Cancer risk



Women who take multivitamin tablets along with calcium supplements seem to have a reduced risk of developing breast cancer, new research suggests.

The authors of the study, which is to be presented Sunday at the American Association for Cancer Research annual conference in Washington, D.C., did not separate out which specific vitamins might be beneficial but suggested that the interactions of different vitamins together might account for the beneficial effect.

"The effect was seen with multivitamins, not with single vitamins," said study coauthor Dr. Jaime Matta, a professor of pharmacology, physiology and toxicology at Ponce School of Medicine in Ponce, Puerto Rico. "It's possible that the vitamins work better together than individually."

"We found that taking multivitamins and calcium supplements were strongly protective against breast cancer," said Dr. Manuel Bayona, a professor in the public health program at the Ponce School of Medicine. "Which vitamins exactly? We don't know because they were multivitamins."

The findings, however, do seem to contradict previous reports that the supplement forms of various single vitamins including E and C don't prevent breast cancer in women. Other studies have suggested a protective effect for individual vitamins.

The new study won't do

much to settle that confusion, one expert said. "The results interesting but it's small study,' said Joanne Dorgan, an epidemiologist with Fox Cancer Chase Center in Philadelphia. "At this point in time, most of the big studies don't support an association.'

For this study, the authors compared vitamin and calcium intakes of 268 women with breast cancer and 457 women without breast cancer, all in Puerto Rico.

They also measured the ability of the women's DNA to repair itself, a function that is critical to keeping cancer at bay.

bay.

"We've known that DNA repair capacity is linked to several other types of cancer," said Matta. "DNA repair capacity is very, very linked to breast cancer risk."

Here, women who were older, had low DNA repair capacity levels, a family history of breast cancer and who had not breast-fed all had a higher risk of breast cancer.

Taking a multivitamin tablet reduced the risk of tumors by about 30 percent, while calcium supplements reduced the risk by 40 percent, the study authors noted.

But when the DNA repair capacity was taken out of the

equation, calcium was no longer protective, strongly suggesting that calcium's protective effect came only from its influence on DNA repair.

Vitamins, on the other hand, seemed to have a beneficial effect even beyond contributions to DNA repair, the researchers said.

One drawback of the study is that the authors did not measure women's actual vitamin levels, instead relying on responses to questionnaires. Participants most likely bought widely available brands at chain drug stores. "People here usually don't have access to very sophisticated health food stores or specialty vitamin stores," noted Matta.

The study authors are now looking at ways to use DNA repair capacity function as a marker for breast cancer risk, much like cholesterol is used as a marker for heart disease.

"We're developing new technology that would make measuring DNA repair capacity more inexpensive, faster and easier to do," Matta said.

Still, another expert said the new study was less than convincing.

"The totality of the evidence to date does not support taking vitamins and calcium for breast cancer prevention," said Marji McCullough, strategic director of nutritional epidemiology for the American Cancer Society. "There are other reasons women may wish to take calcium, for example for bone health."

TIP: Be Careful Taking Laxatives

Though laxatives are generally safe medications, people should be careful when using them.

The American Academy of Family Physicians offers these safety warnings about laxative use:

- * People with phenylketonuria (PKU) should not use laxatives that include the ingredient phenylalanine.
- * People with an allergy to any ingredient in laxatives should not take them. Some people allergic to psyllium, which is used in many laxatives.
 - * Don't take laxatives over a long period.
- * Take laxatives at least two hours before or after your other medications, as they may interfere with how those medications work.
- * Check with your doctor before taking laxatives if you are taking prescription medications.
- * Don't use multiple types of laxative at once (oral, suppository, etc.)



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Drink This for a Better



Sure, water's a great hydrator, but sometimes you long for something more interesting. Here are four sips that give runners what they really need—without adding gobs of calories. Fill in the blanks, and see which drink is ideal for you.

When I run I ... feel sluggish and tired

If this is you: Sip a cup of green tea 20 to 30 minutes before you run. The caffeine will pep you up and power you through to the last step, and its antioxidants may help with endurance, too.

When I run I ... always get a side stitch

If this is you: Try coconut water; it's chock-full of cramp-preventing potassium (15 times that of most sports drinks) and has less than 50 calories per cup. Try 8 ounces

before or during your run to stay pain-free.

When I run I ... get really sore the next day

If this is you: With its perfect ratio of carbs to protein—plus the calcium—chocolate milk is an excellent way to help your muscles recover postwork-out. Drink a cup within 30 minutes of finishing a long run, when muscles are most receptive.

When I run I ... sweat a lot If this is you: A sports drink, with body-replenishing sugars and electrolytes, is the best way to stay hydrated. Choose one that's free of artificial colors, flavors, and preservatives (I like CLIF Quench), and sip 4 to 6 ounces every 15 to 20 minutes during your workout.



Oklahoma City marks 15 years since bombing



May 5, 1995, file photo, shows thousands of search and rescue crews attending a memorial service in front of the Alfred P. Murrah Federal Building in Oklahoma City.

OKLAHOMA CITY, Oklahoma (AP) – Survivors and family members of the 168 people who died in the bombing of the Oklahoma City federal building gathered yesterday to commemorate the 15th anniversary of the attack.

Hundreds of people attended the ceremony at the Oklahoma City National Memorial to remember those killed in the April 19, 1995, explosion. More than 600 others were injured in the attack at the Alfred P. Murrah Federal Building.

Before the ceremony — which started shortly before 9:02 a.m., the time the bombing occurred — bells tolled in Oklahoma City's downtown and some family members visited the site of the federal building razed in the attack, where chairs to honor the bombing victims now stand.

Oklahoma City Mayor Mick Cornett said the day of the bombing is recalled with reverence, "not because we can't forget but because we choose to remember.

"We have chosen strength, we have chosen optimism, we have chosen freedom, we have chosen to move forward together with a level of unity that is unmatched in any American

city," Cornett said at the ceremony, held on a cool, overcast morning.

U.S. Department of Homeland Security Secretary Janet Napolitano, Gov. Brad Henry and former Gov. Frank Keating also spoke to the audience.

Attending the ceremony was Charlie Hangar, the Oklahoma Highway Patrol trooper who stopped bomber Timothy McVeigh on Interstate 35 the day of the bombing because his 1977 Mercury Marquis did not have a license plate. Hangar, now the Noble County sheriff, read the memorial's mission statement at the start of the service.

People across Oklahoma City observed 168 seconds of silence to honor the dead. Later, U.S. Rep. Mary Fallin, R-Oklahoma City, who was the state's lieutenant governor at the time of the bombing, read a congressional resolution commemorating the anniversary.

McVeigh was convicted on federal murder charges and executed in 2001. McVeigh's Army buddy, Terry Nichols, was convicted on federal and state bombing-related charges and is serving multiple life sentences at a federal prison in Colorado.

Saying "So long" to Marianne



Recently, Stepmother Yvonne Kromhout, together with a group of good friends held a "So long" part for Marianne Soekandar.

Marianne is leaving for the Netherlands for a while with her daughter Lee Ann.

Good friends Astrid, Tabitha, Don, Denny and Ricardo together with mama Yvonne wish Marianne and Lee Ann all the best in their new endeavor.

So long Marianne, hope you come back soon.



Mel Gibson's ex-girlfriend to help Chernobyl kids

MOSCOW, Russia (AP) – The Russian-born singer who split from actor Mel Gibson earlier this month said yesterday she will perform a charity concert in Moscow to aid victims of the 1986 Chernobyl nuclear disaster.

Oksana Grigorieva said the concert proceeds will pay for vital surgery for children born in the area affected by radioactivity from the 1986 nuclear plant explosion and fire.

Grigorieva told journalists she already has funded operations for 50 children with heart conditions and leukemia in the Ukraine, Belarus and Russia.

"Children's pain hurts me too," she told a news conference. "I always wanted to help children through music."

Grigorieva and Gibson split this month after a three-year romance. She said they had agreed to raise their baby daughter Lucia together.

She denied media reports that Gibson asked for a DNA test to prove his fatherhood.

"It's not true," she said.
"There has been a lot of lies written about us."

She also said she would re-



Mel Gibson (R) and Oksana Grigorieva pose during the Spanish premiere of the film "Edge of Darkness" in Madrid February 1, 2010.

move a hammer-and-sickle tattoo on her ankle, which Gibson had advised her to get.

The Braveheart star reportedly ended his floundering romance with the Russian singer following a blowout fight during which she accused him of cheating and lashed out at him for not keeping his promise to marry her, according to the National Enquirer.

Mel has previously said that he has no intention of making Oksana his wife.

"She'd make anyone a wonderful wife, but for the moment, she's a mother," he said earlier this year. After announcing his relation with Grigorieva last year, Gibson filed for a divorce with his wife Robyn after 28 years of marriage and seven children together.

Grigorieva also has a son with actor Timothy Dalton.

Memorable wedding rehearsal party for Michael and Michelle at El Gaucho





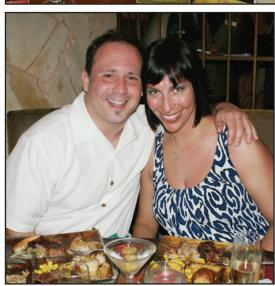
El Gaucho Argentine Grill hosted a memorable wedding rehearsal party for the new Mr. and Mrs. Gallenson, both hailing from Chicago, who got married this weekend on Aruba at the Renaissance Aruba Resort.

Surrounded by 38 family members and friends the lovebirds enjoyed El Gaucho's exceptional hospitality over family style appetizers, Chorizo and Morcilla, empanada Argentine and Sautéed Conch, chased by Surf & Turf, Grilled Chicken Breast or Skirt Steaks, with a beautiful Tropical Fruit Cake for dessert, over bottomless cocktails and sangria.

The party in the private banquet room merged two families, as best man Daniel O'Hara and Matron of Honor Alina Henderson joined the staff at El Gaucho wishing M&M who have been coming to Aruba for many years, eternal love and happiness.











Cuba's 'seed man' wins global environmental prize

BAUTA, Cuba (AP) – The folk-singing scientist strides over dry, fluffy soil that's brown with a hint of red, like brownies fresh from the oven. He's talking about seeds. He's always talking about seeds.

Humberto Rios Labrada's campaign to let Cuban farmers choose the crops and seed varieties best for their lands helped him win one of the 2010 Goldman Environmental Prizes — known as the "green Nobels" — yesterday.

"I want the seed to adapt to the people, not the people to adapt to the seed," the 47-yearold, self-described hippy told The Associated Press during a recent visit to this farming town 20 miles east of Havana.

Rios' wants to make Cuban farms more sustainable by giving farmers more autonomy— a radical notion in what has long been a strictly top-down planned economy where officials tell producers just what to grow, even if it isn't quite right for the soil.

Government officials at first bristled at his ideas, but his success, along with greater government openness to local autonomy, has led them to grant him unusual and growing leeway in working with 50,000 farmers and counting.

Amid spindly stalks of young corn and dark-green sweet potato shoots on a Bauta farm, he lectured farmers on how to mix seed combinations to improve yields and quality — techniques that have helped produce bigger beans, tastier squash, heartier rice and better varieties of other crops across Cuba

"The idea is to give farmers more of an active role," said Rios, "more participation in the process so we can increase production, but more importantly increase the happiness of the people in the fields."

One of the ways he makes them happy is song, treating those he works with to rhyming verses.

Goldman recipients are chosen annually from six regions worldwide. Winners received



Humberto Rios

\$150,000 at a ceremony in San Francisco last night, and Rios obtained sometimes tough-to-come-by permission to attend the event from both the Cuban and U.S. governments.

The prize has been awarded to 139 people from 79 countries since philanthropist Richard Goldman and his late wife Rhoda created it in 1990. Rios is the first Cuban to win.

Prize director Lorrae Rominger said Rios' selection emphasizes the importance of sustainable agriculture, and he was especially deserving given the governmental constraints of Cuba. "It was clear that he was a leader within his community," she said. "He started out very small and now his work has grown incredibly."

Rios was a government biodiversity researcher when, in 1999, began organizing seed fairs, giving farmers themselves access to different varieties of crops and bypassing the government distribution centers and scientists who had traditionally told farmers what to grow and kept seed banks under lock and key.

He also organized sessions where members of Cuban agricultural cooperatives could share their know-how.

His seed fairs and seminars have increased yields — the reason officials, desperate to increase food output, encourage him, even if quantifying the improvement is difficult since many produce on small scales.

TOONS

PICKLES









CALVIN and HOBBES

GOSH, I CAN'T WAIT TO GET MY BEANIE! I HOPE IT COMES SCON. DO YOU THINK IT WILL IT'S PROBABLY BEEN ALMOST SIX WEEKS BY MOW, DON'T YOU THINK?









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Toyota to recall 2010 Lexus GX 460 SUVs



WASHINGTON (AP) – A Transportation Department official says Toyota will recall the 2010 Lexus GX 460 to address a potential problem with the SUV rolling over.

The recall affects about 6,000 vehicles that have been sold since the SUV went on sale in late December. Consumer Reports issued a "Don't

Buy" warning last week on the 2010 GX 460, saying it was susceptible to rolling over.

The official spoke on condition of anonymity because no formal announcement has been made.

Toyota responded by halting sales of new GX 460s and conducting tests on all of its SUVs

Airline losses from ash spiral over \$1 billion

PARIS, France (AP) – As airline losses from the volcanic ash cloud spiraled over \$1 billion yesterday, the industry demanded EU compensation and criticized European governments for relying too much on scientific theory — not fact — in their decisions to shut down airspace across the continent.

Shares of some European airlines fell as flight disruptions from the volcanic cloud moved into a fifth day, and the International Air Transport Association complained of "no leadership" from government leaders — one of whom admitted to EU dissension about how to respond.

"It's embarrassing, and a European mess," IATA CEO Giovanni Bisignani told The Associated Press. "It took five days to organize a conference call with the ministers of transport and we are losing \$200 million per day and 750,000 passengers are stranded all over. Does it make sense?"

IATA officials said the \$200 million estimate was at the lowend of their projections, and that it could run as high as \$250 million-\$300 million a day.

Even as airline officials were clamoring for relief — both financial and operational — a senior Western diplomat told The Associated Press that several NATO F-16 fighter jets had suffered engine damage after flying through the cloud, suggesting government caution was warranted.

The official declined to provide more details on the mili-

tary flights, except to say that glasslike deposits were found in the planes' engines after they patrolled over unspecified European airspace.

European civil aviation authorities held a conference call yesterday about what steps could be taken toward opening airspace.

British Airways said airlines have asked the EU for financial compensation for the closure of airspace, starting last Wednesday. With London among the first hubs shut down, the British carrier said it's losing as much as 20 million pounds (\$30 million) per day.

BA Chief Executive Willie Walsh pointed out that compensation had been paid to airlines after the closure of U.S. airspace following the Sept. 11, 2001 terrorist attacks.

"This is an unprecedented situation that is having a huge impact on customers and airlines alike," Walsh said. "We continue to offer as much support as we can to our customers, however, these are extraordinary circumstances that are beyond all airlines' control."

Environment Minister Jean-Louis Borloo — the No. 2 in the French Cabinet — said a meeting of French airlines, travel agencies and the government was planned for today to examine possible state aid to the industry.

"This aid will evolve of course based on the severity of the crisis. For that, we need a

European pre-accord that we have obtained — an accord in principle so this sector aid can be allocated," Borloo told France's i-Tele.

German Transport Minister Peter Ramsauer said government decisions were based on a "sea of data" — and defended the continued closure of air space in his country. He brushed off airlines' complaints about losses, saying they know about their susceptibility to weather conditions.

The IATA, in a statement, called on governments to place "greater urgency and focus on how and when we can safely reopen Europe's skies" — such as through more in-depth study of the ash cloud.

"We have to not just use — as the Europeans were doing — a theoretical model, let's try to use figures and facts," Bisignani said." It means sending test planes at certain kinds of altitudes to check what was the situation with the ashes."

While the association says "safety is our top priority," Bisignani said in the statement that its member airlines have run test flights with no problems and "they report missed opportunities to fly safely."

Bisignani said that Europe — unlike the United States, for example — is "not well-equipped" when it comes to planes that can test the air quality in the skies. He estimated that once flights in Europe do resume, it would take three to six days for traffic to return to normal.

Germany may try for compensation from Goldman

BERLIN, Germany (AP) – Goldman Sachs may face claims for financial compensation from European governments and investors in connection with the fraud case brought against the investment bank by the Securities and Exchange Commission.

Britain and Germany, whose governments had to bail out banks that lost money due to what the SEC says was Goldman's misbehavior, are both looking into the case, while analysts say that lawsuits from investors — against Goldman and other banks that marketed complex mortgage-backed securities — are almost inevitable.

The German Finance Ministry, the government-owned KfW development bank and IKB Deutsche Industriebank AG, which the SEC says lost some \$150 million in invest-

ments marketed by Goldman, all said yesterday they are looking into the case and will not rule out any option.

"After checking all facts, the public domain will examine closely if there are any possibilities for compensation, but at this point it is too early to speculate about it," Finance Ministry spokeswoman Jeanette Schwamberger told The Associated Press.

The U.S. charges against Goldman Sachs relate to a complex investment tied to the performance of pools of risky mortgages. In a complaint filed Friday, the Securities and Exchange Commission alleged that Goldman marketed the package to investors without disclosing that the pools were picked by another client, a prominent hedge fund that wanted to bet the U.S. housing bubble would burst.

Within months, most of the mortgages had been downgraded as the U.S. housing boom went into reverse and the securities fell sharply in value.

The company denies it did anything wrong, saying investor losses came from the deterioration of the whole sector, not regarding which securities were in the pool.

YESTERDAY'S

Crossword Answer A S T E R E V E R A R I D S H A M E R I C E B A D E H O C U S P O C U S R I L E V E T R A D E R T R A D E R T I N E C H I C R A S H L Y P R O B A T E D O R I E L P R A M D I V A B I N S B R I N E A M A T L O C O A I D E A B I D E E N E R G I Z E C A R D E D C O L E D O R A P E S E T A H E R E L II

"Rancho:" a way of live, a tradition of the past

By Clyde R. Harms



Miniature boats competition on Queen's Birthday

Eventhough, I never lived in the neighbourhood of Rancho, my brothers and I had a lot of affinity with Rancho and its people. The announcement that Aruba's Archaeological Museum has an exposition on the Rancho neighbourhood evoked many beautiful memories.

When we were just kids, we, of the neighbourhood of Lagoen, had a martial arts club and we fought many times against the club of Rancho, but from these martial arts activities friendships arose that have lasted decades. The two main characters that come to my memory are Popoy (derived from the cartoon character Popeye) and Cletano.

Just as we had quite some contact with fishermen from the island of Margarita, we had contact also with the fishermen from Rancho. They brought fresh fish, not on ice, like the boats from Venezuela. Shon Ija, a lady living right at the beginning of Schelpstraat, brought fish for our mother in an "azafate" (a wooden box) which she carried on her head.

Our friend Angel "Changola" Colina was from Rancho. He was the first Aruban who programmed the control panel of the IBM equipments



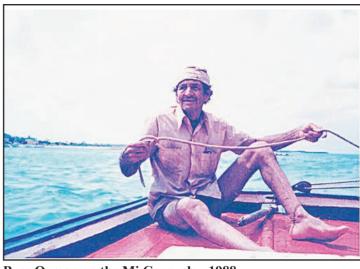
The Lime Kiln in Rancho

in the Lago Oil Refinery (Valero). Eventually, IBM, Venezuela, contracted him to go work there. His sibling, Dama dedicated his life to fishing and was considered one of the best.

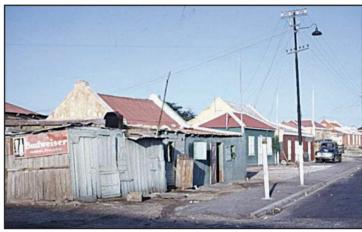
The soccer team Hollandia did not consist only of people from Rancho, but was considered a Ranchero team and I was a big fan of the orange team. Almost all the players on the team were fishermen. Unfortunately, most thought that they had to fight the cold of the sea with rum, and a majority would arrive at the Wilhelmina Sport Park showing that the fight against the cold was

harsh that day. One of the players I remember was the fullback Toribio Ridderstap, known for his "brake in the air" which nowadays is against FIFA rules. Toribio's brother "Lobo" Ridderstap also played for the team, but later became better known for his contributions to Little League of Aruba. Lobo received the condecoration of Orange Nassau. Marcial Tromp, "Klepper" was one of the most admired goalkeepers in Aruba's soccer history. Hendrik Kelkboom, one of the great of team Hollandia was not exactly from Rancho, but comes from a family from Rancho. Rosendo Aparicio also played for Hollandia for many years before becoming a professional player in Venezuela and got the nickname "cabesita de oro" (golden head) for a fantastic goal he made with his head. The two brothers Orman, Boes and Emile were pillars of the Hollandia team for many years.

What is remarkable in all of this is that the leader of the Hollandia soccer team, Benny Kuiperi, grandfather of known local Frankie Kuiperi, director of Arubus (Aruba's bus line) had nothing to do with Rancho, but for many years was the heart of the soccer club. The clubhouse was in the building which nowadays houses the UPA club in Ran-



Boes Orman on the Mi Consuelo, 1988



At the beginning of the John G. Emanstraat

cho

The fishermen from Rancho and their boats every year formed groups of small boats that were part of the competitions in celebration of the Queen's birthday. Boes Orman had a small fishermen boat that was named Consuelo. With this boat Boes won the competition many years.

Boes is the "Ranchero" who I have always admired. In 1988 our friend and ex neighbour at Lagoen, Jan Noot, who now lives in Australia, visited Aruba and wanted to sail in a typical Aruban boat. I asked

Boes if he could take us. Eventhough he was already 74, Boes showed that his fight with the cold of the sea maintained him in good condition. It was an unforgettable morning, enjoying a voyage on a historic boat, Mi Consuelo, and listen to Boes telling anecdotes of his life as a fisherman and soccer player. I am sure that when God calls Boes to come home He will give him a prominent place in His kingdom.

Comments on this story can be send to clydeharms@yahoo.com



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At 40, Lopez balances mother-hood, marriage, movies



In this film publicity image released by CBS Films, Jennifer Lopez, center, is shown in a scene from, 'The Back-Up Plan.'

LAS VEGAS, Nevada (AP) – Two children and two years later, Jennifer Lopez has resurfaced with a "Back-up Plan."

"This movie is about a woman who gets to a point in her life," Lopez says. "She's successful ... She has a full life. But, at the same time, she has not found that person to share her life with and to have a family with, and so she decides to do it on her own. She decides to have a baby on her own."

The film, opening Friday, is part of the mid-life movie genre that has served actresses well of late, including such blockbusters as "The Proposal" and "It's Complicated," starring Sandra Bullock, 45, and Meryl Streep, 60, respectively. "The Back-up Plan" marks Lopez's first film since turning 40 last July.

"It is a great time to be an actress," Lopez said. "It seems like you can work and do anything at any age ... It's a great time that people are just seeing people's souls."

"It's not so superficial anymore," the actress continued.
"Women have proven that they are viable in this business, as well, and it doesn't matter if you're not 21 years old. It just matters that you're great at what you do. And that's exciting."

ing."
"Back-up Plan" works
through a variety of pregnancy

issues — now familiar turf for Lopez, who gave birth to fraternal twins, Emme and Maximilian, in February 2008.

One thing in the film she couldn't relate to: the last act's big and hilarious water-birthing sequence.

"No!" Lopez laughed. "I didn't have any water birth. I was in a hospital. It was a much more controlled atmosphere: no singing, no drums. But there was a little bit of music. But other than that, no similarities."

In addition to making a movie and caring for her children (with musician-husband Marc Anthony), Lopez continues to run her empire, which also includes a fragrance line, clothing and music. And the music will keep playing for Lopez, though not at longtime label Sony Music, which she amicably left earlier this year.

"I had done seven albums with Sony, believe it or not," she explained. "We had a great relationship, and we sold a lot of records, and the company, you know, has changed a little bit, and I just thought it was time for a fresh start."

For movies, however, the star has gone back to her roots, returning to the romantic comedy genre that made her a bankable movie star with film's such as 2002's "Maid in Manhattan" and "Shall We Dance?" in 2004.

Volcano flight chaos leaves many passengers broke

SYDNEY, Australia (AP) – Andrew and Debbie Jackman of Britain spent more than two years saving up for their family vacation to Australia. They probably wish they'd saved a little longer.

On Friday, they found out their Qantas flight from Sydney to Britain had been canceled thanks to a volcano erupting in Iceland. So the Cambridge couple and their two teenage sons squeezed into a 150 Australian dollar (\$138) hotel room to wait out the night. On Saturday, the hotel raised the price of the same room to AU\$350 — simply because it could, Andrew said ruefully. After endless negotiations, the hotel brought the price back down to AU\$160, but the family, broke and frustrated, opted to move Sunday to a hostel.

"We're at the end of the holiday so we've spent all our money," a weary-eyed Andrew said, as he sat with his family next to the Qantas customer service counter at Sydney Airport. "Because that's what you do on holiday."

A dangerous cloud of ash from the volcano has grounded flights in and out of Europe for four days, leaving thousands of people stranded — and increasingly strapped for cash. Stuck passengers have had to shell out for hotels, restaurant meals, clothing and transport to and from the airport as they seek information on when their travel nightmare might end.

In Japan, Francois Broche was down to his last 3,000 yen (\$30). The 33-year-old literature and philosophy professor from Nimes, France, said he would have to call his bank at home to see if he can get his money transferred — but does not know how.

"I stayed in my hotel last night, but that was all my money," he said at the Narita International Airport, near Tokyo. "I think I'm going to stay here and sleep at the airport. Help me God."

Nicolas Ribard, 29, from Avignon, France, was among about a dozen stranded tourists squatting on sleeping bags that Narita airport officials had lent them. He and three other friends had about 3,000 yen between them, and were surviving on airport-issued crackers, bottled water and coupons for one free shower a day.

Their earliest possible flight would be Taiwan's EVA Airways on May 12 — but only if they are willing to pay an extra 150 euros (\$200). Otherwise, they have to wait until June, Ribard said.

Airport officials came by today and offered a tour of the airport to kill time.

"This is not what we need," Ribard said. "We want a bowl of rice."

Many stranded travelers are also fretting over lost paychecks. Tom Napier — an American stuck in Oslo, where he had been visiting a friend said his prolonged absence from his job as a high school history teacher in Bernards, New Jersey, will "more than likely" affect his salary.

"I am a little afraid that my pay will be docked," in Narita, near Tokyo. said Napier, 35. "I of their roo

also have tutoring jobs during the week that usually supplement my salary. That will be gone. And even if I don't get my pay docked, all my days off will have to be charged as sick days."

Andrew Cutter, 40, of London, who got stuck in Sweden while visiting his brother, said he will miss out on income from his job as a contractor in the events industry.

Cutter had planned to go back to London with Ryanair on Sunday, but has now rescheduled his flight for Thursday, hoping airspace will be open by then. The four days will cost him about \$1,000 in lost wages.

"Really, if I'm not back by next Monday, I think it's going to be an issue," he said. "I had to buy some extra clothes today because I didn't have enough."

Steeper-than-usual hotel prices is another passenger complaint. In Hong Kong, Busi Daniel, a 39-year-old French tourist, said he spent last night in a hotel after his flight was canceled. But a huge jump in price meant he would be forced to sleep at the airport today.

"Yesterday, we had a hotel room at 250 euros. At midday, it was 460 euros, and in the evening, the price was 800 euros for a room — we can't pay that," he said today as he waited at KLM Royal Dutch Airlines' counter in Hong Kong's airport.

The Jackmans spent hours pleading for mercy from the Novotel Sydney Brighton Beach after it raised the price



Tourists from France, Nicolas Ribard, center lying, Marielle Bompuis, center left, Boris Solomiac, standing at right, Merault Brice, sitting top, and others, who have stayed for four days, rest on the floor at New Tokyo International Airport in Narita, near Tokyo.

of their room the second night.

Asked if the hotel was guilty of price-gouging, the hotel's general manager, Alan Burrows, said simply, "We dynamically price much like the airlines do, according to how many rooms we have to sell in the hotel."

Unlike many airlines, Qantas — Australia's largest carrier — has said it's been paying for stranded passengers' accommodations and providing meal vouchers. That was news to the Jackmans, who said airline representatives told them they were on their own.

Today, after spending three hours on hold with Qantas, the family trekked back to the airport (another AU\$30 cab ride), and spoke to a customer service representative in person. It was only then, they said, that the airline offered to pay for a hotel room — for one night.

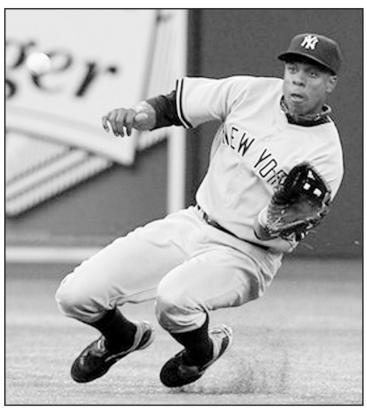
Following queries from The Associated Press, Qantas said it planned to call the family to apologize — and to refund the money they've spent on hotels.

"We regret that the Jackmans have been overlooked in this case," spokesman Simon Rushton said.





Granderson comfortable right away Outfielder makes seamless transition to Yankees fishbowl



NEW YORK -- There is no magic formula for putting on the Yankees pinstripes and fitting in immediately, making people forget that there was an adjustment period at all. A select few can do it; many starcaliber players have struggled with the task.

Curtis Granderson appears on track to be one of the lucky ones who adjust seamlessly to life in the Yankees fishbowl. While the sample sizes are tiny, he has hit the ground running in his new digs, seeming to find a way to make everything click from minute one.

"I understand my role here and I'm happy with wherever they happen to put me in the lineup, defensively and whatever they call on me to do," Granderson said. "I understand that I don't have to go out there and hit 50 home runs and steal 50 bases. I can just go out there and play."

The Yankees pulled the trigger on a three-way trade to acquire Granderson, 29, from the Tigers in December, installing him as the starting center fielder after briefly flirting with the idea of playing Brett Gardner there and putting Granderson in left during Spring Training.

At the time, there were whispers of cracks in Granderson's game -- the Tigers had

concerns about odd routes Granderson took on fly balls in September, and his struggles against left-handed pitching were an issue the Yankees considered

But through 11 games, Granderson has been making the deal look like a steal. He curried favor with fans by not only homering in his first atbat as a Yankee off the Red Sox's Josh Beckett, but also slugging a game-winning, extra-inning homer off Jonathan Papelbon on April 7 -- a nice so-called "Yankee moment" that earned him cheers for the home opener.

Granderson also enjoyed a two-triple game against the Angels on April 15 -- a contest that included an accurate, two-hop throw to home plate that cut down Hideki Matsui. If there were bumps in Granderson's transition, they have been minuscule.

"You hope that it goes smoothly for everyone, and I don't think that you can necessarily predict that it will," Yankees manager Joe Girardi said. "I expected him to do well because he's a very talented player, but that doesn't always start that way."

As he headed for his first West Coast trip with the Bombers, which begins today in Oakland, Granderson had done a little bit of everything, hitting .311 with two doubles, two triples, two homers, seven RBIs and four steals in 12 games.

"It's always a good thing to go ahead and get hits anytime, whether it be early or late," Granderson said. "The fact that they happened to come early, you just hope you can continue it. There's going to be some ups and downs, but for the most part, as a team, we're playing well. If we play well, I'm going to be happy."

One benefit in Granderson's favor has been that the spotlight does not burn as brightly toward the shadowy lower half of the lineup.

Even with big bats Mark Teixeira and Alex Rodriguez largely silent, their presence helps Granderson to slot in and do what the Yankees have asked -- just be the type of performer who was assigned outfield patrol in last year's All-Star Game.

"I'm just trying to play baseball and learn a lot from these guys here, the coaching staff here, and just go out there to keep it fun," Granderson said. "If you continue to keep playing, that's the big thing. I'm not trying to do too much.

Not that Granderson considered himself a finished product. His .183 batting average against lefties last year begged for improvement, and Granderson met with hitting coach Kevin Long over the winter to begin incorporating mechanical tweaks, something they continued working on during Spring Training.

Twelve games is no sort of sample size to judge improvement, but Granderson should have been thrilled that one of his triples Thursday came off a tough lefty, the Angels' Scott Kazmir. He has four hits in 16 at-bats against southpaws thus far, a .250 clip.

"Again, those lefties get paid a lot of money to get lefties out," Granderson said. "Typically, most lefties' numbers against lefties are usually better than they are against right-handed hitters. That's just part of the game. It's the reason why a lot of people want their kids to throw left-handed."



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DEATH AT A FUNERAL (Comedy): A day in the life of an American family who come together to put a beloved husband and father to rest. As mourners gather at the family home, shocking revelations, festering resentments, ugly threats, blackmail and a misdirected corpse unleash lethal mayhem.

On the road to 2010 FIFA World Cup South Africa

Zakumi - a Mascot with Honduras attitude in World



So what can we say about him? One thing is for sure, Zakumi will be first on the dancefloor and last off it at the biggest party in the world - the 2010 FIFA World Cup South Africa He wants to dance and entertain as many people as he can. He is an animator for fans, players and officials, for schoolchildren, teenagers and big kids alike!

Needless to say, he is extremely proud to be the Official Mascot and determined to be the best host for everyone visiting his beloved country. He symbolizes South Africa and the rest of the African continent through his self-confidence, pride, hospitality, social skills and warm-heartedness.

Zakumi is a jolly, self-confident, adventurous, spontaneous, and actually quite shrewd little fellow. He loves to perform and always follows his instinct and intuition, yet sometimes has the tendency to exaggerate a bit. You will often find him fooling about and teasing people but not in a mean way. He is warm-hearted and caring, and wants to make as many friends as possible.

He loves to play football as it is a great way to connect with others and break down language barriers. He always carries his football around which he will use to invite people to play with him.

Zakumi loves football. At one time he decided to dye his hair green as he felt it would be the perfect camouflage against the green of the football pitch; a bit like his rosette spots are when hunting in the wilderness!

He does have one striking weakness. With all his energy, he needs frequent rests. Occasionally, in-between performances on stage, he may suddenly fall asleep on the spot at the most random times! But rest assured, these are only short breaks that a leopard of his calibre needs to recharge his batteries.

Over the last years he has travelled the whole of Africa where the leopard habitat is good (pretty much everywhere from open savannahs, forests, jungles to mountainous areas, even deserts). He has therefore learned to adapt to new environments; enjoying the diversity in nature and people across the African continent

The name 'Zakumi' is a composition of 'ZA' standing for South Africa and 'kumi', which translates into '10' in various languages across Africa.

Zakumi's main priority is to turn the 2010 FIFA World Cup South Africa into one huge, joyful and unforgettable party and show the thousands of international guests the warmth and spirit of the African continent.

"He wants to create a good mood for the fans and raise the excitement for the 2010 FIFA World Cup, the first on African soil. He is a proud South African and wants to ensure that the world will come together in South Africa," explained Lucas Radebe, South Africa's football icon and close friend of Zakumi.

Honduras in World Cup for only 2nd time

TEGUCIGALPA, Honduras (AP) -- Honduras qualified for the World Cup for only the second time, and for the first since 1982.

The team has several Europe-based players, but they have a tough draw in Group H with European champion Spain, Chile and Switzerland. Honduras, which finished third in its region behind the United States and Mexico, will have a difficult time finishing in the top two and advancing to the second round.

The team will be built around two players from the Premier League -- Wigan defender Maynor Figueroa and Tottenham midfielder Wilson Palacios.

The two key players up front will be David Suazo, who has moved this year from Inter Milan to Genoa, and 37-year-old Carlos Pavon, who plays in Honduras for Real Espana.

The hope is that players in Europe have upgraded the quality of Honduras' play. Most fans are expecting a better showing than 1982, when Honduras drew two matches, lost the other and failed to advance.

"We have tremendous potential," said Jose de la Paz Herrera, who coached the Honduran team 28 years ago. "The majority of our players are in Europe. This is an advantage we did not have in the World Cup in Spain and I feel we can have a strong showing."

Honduras coach Reinaldo Rueda is a Colombian who has instilled discipline and fitness, but his team may need to find the kind of miracle it received in qualifying for the World Cup from the CONCACAF region.

Honduras defeated El Salvador 1-0 in its final qualifying match in October. In a match being played simultaneously, Costa Rica was beating the United States 2-1, a result that would have automatically advanced Costa Rica. But the Americans scored five minutes into injury time for a 2-2 draw, a result that put Honduras into the World Cup and left Costa Rica in a playoff against Uruguay for another spot. Uruguay eventually prevailed, ousting Costa Rica.

Torres to have knee surgery, will miss 6 weeks



LIVERPOOL, England (AP) -- Spain striker Fernando Torres faces a race to be ready for the World Cup in June because of knee surgery that will sideline the Liverpool player for six weeks.

Liverpool says the surgery

was scheduled for Sunday night and will keep him out for the rest of the English Premier League season.

The team says Torres saw a specialist in Spain on Sunday and was told he "would need surgery on a torn cartilage in his right knee."

Sunderland to protect Ghana defender John Mensah from injury

Sunderland have assured injury-prone Ghanaian defender John Mensah would be protected against further ailments in order to stay fit for a possible World Cup call-up.

The Black Cats were without the key Ghanaian in their game against Burnley. However, the Premier League outfit reacted to rumours that the player's injury was severe as they insisted it only was a precautionary measure. Said Sunderland boss Steve Bruce, "John is okay, he will be fit for next week. That was the calculated gamble, to be 2-0 up and say, 'Okay, it's job done'.

"Also, we have to look after John, first and foremost to get him through the next three games, but he has got a huge World Cup coming up.

"He will be okay for next week, hopefully – unless he falls off his bike."



A outside view of one of the soccer stadiums that will host the 2010 Soccer World Cup in South Africa, at Port Elizabeth, South Africa. Thousands of people are expected to visit South Africa during the Soccer World Cup.



Cheruiyot — not that one! — wins Boston Marathon

BOSTON., Massachusetts (AP) – Let him be known from Hopkinton to the Back Bay as "Robert the Younger" — the second Kenyan named Robert K. Cheruiyot to win the Boston Marathon and the first person ever to run the legendary course in under 2 hours, 6 minutes.

Robert Kiprono Cheruiyot won the 114th Boston race yesterday, finishing in 2:05:52 to shatter by 82 seconds the course record set by four-time winner Robert Kipkoech Cheruiyot, who's not related. American Ryan Hall, who finished third last year, missed another spot on the podium by 2 seconds, but his time of 2:08:41 was the fastest ever for U.S. runner in Boston.

"Today was a breakthrough day," said Hall, who was 6 seconds faster than Bob Kempainen in 1994. "Guys are paving new territory, and that's good for us, too."

Ethiopia's Teyba Erkesso took the women's title in 2:26:11, sprinting to the tape to win by 3 seconds in the third-closest women's finish in event history. Russia's Tatyana Pushkareva smiled and waved at the TV cameras as she



Boston Marathon winners Robert Cheruiyot of Kenya, left, and Teyba Erkesso of Ethiopia, right, pose together near the finish line after the 114th running of the Boston Marathon.

closed what had been a 90-second gap, but she could not quite catch Erkesso on Boylston Street.

Cheruiyot, 21, surpassed the course record of 2:07:14 set in 2006 by his 31-year-old countryman. A farmer back home, he earned a bonus of \$25,000 on top of the \$150,000 — and a golden olive wreath from the city of Marathon, Greece — that goes the men's and women's champions.

"I am going to buy some cows," Cheruiyot said.

The Cheruiyots are not the first namesakes to win in Boston.

When John J. Kelley won in 1957, he was destined to be confused with 1935 and '45 champion John A. Kelley — "Johnny the Elder" — a beloved patriarch of the Boston Marathon who continued to run the entire race until 1992, when he was 84. When he could no longer complete the distance, he would serenade the competitors at the starting line with "Young at Heart" before riding to Boston.

Van Dyk wins Boston Marathon men's wheelchair



Wheelchair competitor Ernst Van Dyk, of South Africa, breaks the tape at the finish line

BOSTON, Massachusets (AP)
– Ernst Van Dyk's record ninth
Boston Marathon win was also
his toughest.

The South African surged from behind to pass American Krige Schabort in the last 400 meters of the men's wheelchair race, winning in 1 hour, 26 minutes and 53 seconds, four seconds ahead of Schabort.

"It was the hardest ever," the 37-year-old Van Dyk said. "To have to fight all the way to the end. ... It was a battle."

Van Dyk's margin of victory had never been less than

one minute, 35 seconds, the difference when he beat Schabort in 2003.

It was Van Dyk's third consecutive marathon win, after winning six straight from 2001 to 2006, including a world record time of 1 hour, 18 minutes, 27 seconds in 2004.

The victory broke Van Dyk's tie with women's wheelchair racer Jean Driscoll for most all-categories Boston Marathon wins. Van Dyk said he wasn't thinking about the record yesterday, just racing strong